

# POSITRUTH

*I am an eternal being, filled with an infinite capacity. My ability to overcome is boundless. My desire to overcome is absolute.*

*The infinite wisdom of opposition is evidenced in our entire existence. All growth comes from opposition. There is nothing that I cannot overcome, and in my overcoming I find the incalculable expansion of my soul.*

*Obstacles shrink in comparison to my ability to overcome.*

*What I thought was a mountain, is level earth as I stride confidently through the landscape of my opposition. I weigh the development of my soul against any challenge, and realize that no task is too great.*

*Challenges appear only when I am able to conquer. Their very presence is evidence of my ability to overcome. I meet them with energy and surety, and stand victorious, having gained the prize.*

## AFFIRMATION NOTES:

This affirmation is part of a small series of affirmations related to our innate infinite capacities. The focus of this series is the eternal nature of our being, and the power that comes from that nature.

There is a great power in understand who we truly are. These affirmations will speak to your soul, and your soul will confirm that they are true. You truly are a being of infinite and eternal nature. Use these affirmations to bring that truth into your daily life.

We all have wants and needs. To bring those things into our lives, we can use daily affirmations, which encourage our minds and souls to look toward the blessings of existence, and the opportunities of life. It is our hope that you will use the positive and energetic statements of truth on this website, including these affirmations, to unlock the power that is within your soul.