

# POSITRUTH

*My soul is the expression of my body and spirit here on Earth.*

*I choose my actions, and shape my soul according to its  
beautiful nature.*

*My soul is filled with abundance.*

*All around me I see a richness of every needful thing. I feel the  
abundance of the Earth that was created for me. My needs and  
wants are supplied in every moment.*

*I take and I give freely, with a glad heart that is overflowing with  
generosity and bounty. I work, and I play, and I move through  
the world with confidence, knowing that my Creator has  
provided me with plenty.*

## AFFIRMATION NOTES:

The Bible differentiates between the body, spirit, and soul. In Greek, Spirit and Soul have two different but similar words.

For these affirmations, consider the soul as the manifestation of the duality of the body and spirit; in other words, the soul is the life that we live here on earth, our actions and our mortal existence.

Our souls are beautiful.

We all have wants and needs. To bring those things into our lives, we can use daily affirmations, which encourage our minds and souls to look toward the blessings of existence, and the opportunities of life. It is our hope that you will use the positive and energetic statements of truth on this website, including these affirmations, to unlock the power that is within your soul.