

POSITRUTH

My soul is the expression of my body and spirit here on Earth.

*I choose my actions, and shape my soul according to its
beautiful nature.*

My soul is empowered with endurance.

*Nothing can stop my soul. Time and space are at my eternal
command, as my divine nature attests. I am a reservoir of
endurance, able to overcome all things.*

*I move through my experiences with ease, and a sure
knowledge of where I am bound. I am quickened by my Maker.
He knows the purpose of my creation, and has endowed me
with endurance. There is no end to my progress, I shall
continue upward forever.*

AFFIRMATION NOTES:

The Bible differentiates between the body, spirit, and soul. In Greek, Spirit and Soul have two different but similar words.

For these affirmations, consider the soul as the manifestation of the duality of the body and spirit; in other words, the soul is the life that we live here on earth, our actions and our mortal existence.

Our souls are beautiful.

We all have wants and needs. To bring those things into our lives, we can use daily affirmations, which encourage our minds and souls to look toward the blessings of existence, and the opportunities of life. It is our hope that you will use the positive and energetic statements of truth on this website, including these affirmations, to unlock the power that is within your soul.