

POSITRUTH

My soul is the expression of my body and spirit here on Earth.

*I choose my actions, and shape my soul according to its
beautiful nature.*

My soul is filled with goodness.

*Each day, I awake with gladness in my heart. I set forth to do
good works, to accomplish the will of He who is greater than I.*

*When choices lay before me, my soul distinguishes the
estimable. I am mighty in my ability to be good.*

*When choices lay behind me, my soul trusts in God to make me
complete. No matter what I see in retrospect, I know that
Eternal goodness fills me here and now.*

AFFIRMATION NOTES:

The Bible differentiates between the body, spirit, and soul. In Greek, Spirit and Soul have two different but similar words.

For these affirmations, consider the soul as the manifestation of the duality of the body and spirit; in other words, the soul is the life that we live here on earth, our actions and our mortal existence.

Our souls are beautiful.

We all have wants and needs. To bring those things into our lives, we can use daily affirmations, which encourage our minds and souls to look toward the blessings of existence, and the opportunities of life. It is our hope that you will use the positive and energetic statements of truth on this website, including these affirmations, to unlock the power that is within your soul.